



34. Königseer Stadtwaldlauf Königsee / 31.08.2014

Detailed evaluation

Kahl, Lilith

Club: Die flinken Gerataler/SV Olympia Neustadt
Number: 51

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 53:37

Speed: 11.19 km/h
Running performance: 5:22 min/km

Rank in course/Total: 77 (of 128)
Rank in course/Women: 13 (of 37)
Best time in course: 46:39

Rank in category: 2(of 5)
Best time in the category: 53:26