



34. Königseer Stadtwaldlauf  
Königsee / 31.08.2014

Detailed evaluation

Teichner, Henry

Club: Königsee  
Number: 141

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 53:49

Speed: 11.15 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 78 (of 128)

Rank in course/Men: 65 (of 91)

Best time in course: 38:26

Rank in category: 4(of 5)

Best time in the category: 40:05