



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Hennig, Bernhard

Club: Zack-Zack Runners Eisenach
Number: 45

Course: 10.00 km
10 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 55:07

Speed: 10.89 km/h
Running performance: 5:31 min/km

Rank in course/Total: 84 (of 128)

Rank in course/Men: 69 (of 91)

Best time in course: 38:26

Rank in category: 3(of 3)

Best time in the category: 50:25