



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

THEEG, KATRIN

Club: SV-EMSETAL

Number: 111

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 56:18

Speed: 10.66 km/h

Running performance: 5:38 min/km

Rank in course/Total: 89 (of 128)

Rank in course/Women: 18 (of 37)

Best time in course: 46:39

Rank in category: 6(of 9)

Best time in the category: 46:39