



34. Königseer Stadtwaldlauf Königsee / 31.08.2014

Detailed evaluation

Zelle, Monique

Club: Dream Team Ilmenau
Number: 126

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 56:22

Speed: 10.64 km/h
Running performance: 5:38 min/km

Rank in course/Total: 90 (of 128)
Rank in course/Women: 19 (of 37)
Best time in course: 46:39

Rank in category: 4(of 7)
Best time in the category: 50:55