



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Heinz, Claudia

Club: fat fighters

Number: 43

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 57:49

Speed: 10.38 km/h

Running performance: 5:47 min/km

Rank in course/Total: 100 (of 128)

Rank in course/Women: 25 (of 37)

Best time in course: 46:39

Rank in category: 3(of 5)

Best time in the category: 53:26