



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

franke, heike

Club: erfurt
Number: 28

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:02:43

Speed: 9.57 km/h
Running performance: 6:16 min/km

Rank in course/Total: 114 (of 128)

Rank in course/Women: 34 (of 37)

Best time in course: 46:39

Rank in category: 3(of 3)

Best time in the category: 50:06