



34. Königseer Stadtwaldlauf  
Königsee / 31.08.2014

Detailed evaluation

**Bäster, Manfred**

Club: SCImpuls Erfurt  
Number: 15

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M75 (75-79 Jahre)

Total time: 1:02:53

Speed: 9.54 km/h  
Running performance: 6:17 min/km

Rank in course/Total: 115 (of 128)

Rank in course/Men: 81 (of 91)

Best time in course: 38:26

Rank in category: 3(of 3)

Best time in the category: 49:27