



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Hirt, Daniel

Club: SV Sömmerda

Number: 225

Course: 20.00 km

20 km - Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:18:30

Speed: 15.29 km/h

Running performance: 3:55 min/km

Rank in course/Total: 3 (of 29)

Rank in course/Men: 3 (of 28)

Best time in course: 1:15:33

Rank in category: 1(of 4)

Best time in the category: 1:18:30