



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Berner, Roland

Club: LG Bad Frankenhausen Göllingen
Number: 142

Course: 10.00 km
10 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:05:38

Speed: 9.14 km/h
Running performance: 6:34 min/km

Rank in course/Total: 118 (of 128)

Rank in course/Men: 83 (of 91)

Best time in course: 38:26

Rank in category: 9(of 10)

Best time in the category: 43:25