



34. Königseer Stadtwaldlauf  
Königsee / 31.08.2014

Detailed evaluation

Roth, Ralf

Club: Bittstädt  
Number: 97

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:13:57

Speed: 8.11 km/h  
Running performance: 7:24 min/km

Rank in course/Total: 125 (of 128)

Rank in course/Men: 88 (of 91)

Best time in course: 38:26

Rank in category: 10(of 10)

Best time in the category: 43:10