



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Michalk, Bernhard

Club: Rudolstadt

Number: 211

Course: 20.00 km

20 km - Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:37:44

Speed: 12.28 km/h

Running performance: 4:53 min/km

Rank in course/Total: 12 (of 29)

Rank in course/Men: 12 (of 28)

Best time in course: 1:15:33

Rank in category: 1(of 8)

Best time in the category: 1:37:44