



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Hampe, Thomas

Club: LAC Rudolstadt
Number: 230

Course: 20.00 km
20 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:40:24

Speed: 11.95 km/h
Running performance: 5:01 min/km

Rank in course/Total: 15 (of 29)

Rank in course/Men: 15 (of 28)

Best time in course: 1:15:33

Rank in category: 3(of 8)

Best time in the category: 1:37:44