



34. Königseer Stadtwaldlauf  
Königsee / 31.08.2014

Detailed evaluation

Thomas, Christian

Club: LAV Saale-Rennsteig  
Number: 214

Course: 20.00 km  
20 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 1:45:56

Speed: 11.33 km/h  
Running performance: 5:18 min/km

Rank in course/Total: 19 (of 29)

Rank in course/Men: 19 (of 28)

Best time in course: 1:15:33

Rank in category: 4(of 4)

Best time in the category: 1:16:55