



34. Königseer Stadtwaldlauf  
Königsee / 31.08.2014

Detailed evaluation

Schiffer, Steffen

Club: Saalfeld  
Number: 213

Course: 20.00 km  
20 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:46:04

Speed: 11.31 km/h  
Running performance: 5:18 min/km

Rank in course/Total: 20 (of 29)

Rank in course/Men: 20 (of 28)

Best time in course: 1:15:33

Rank in category: 3(of 3)

Best time in the category: 1:26:40