



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Berndt, Roland

Club: Erfurt
Number: 201

Course: 20.00 km
20 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:59:08

Speed: 10.07 km/h
Running performance: 5:58 min/km

Rank in course/Total: 23 (of 29)

Rank in course/Men: 23 (of 28)

Best time in course: 1:15:33

Rank in category: 1(of 2)

Best time in the category: 1:59:08