



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Prenzel, Dieter

Club: VfL28Ellrich

Number: 132

Course: 10.00 km

10 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 41:25

Speed: 14.49 km/h

Running performance: 4:08 min/km

Rank in course/Total: 6 (of 128)

Rank in course/Men: 6 (of 91)

Best time in course: 38:26

Rank in category: 2(of 11)

Best time in the category: 41:06