



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Siemon, Thomas

Club: SV Normania Treffurt
Number: 139

Course: 10.00 km
10 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 42:47

Speed: 14.02 km/h
Running performance: 4:17 min/km

Rank in course/Total: 9 (of 128)

Rank in course/Men: 9 (of 91)

Best time in course: 38:26

Rank in category: 1(of 22)

Best time in the category: 42:47