



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Steinwachs, Bert

Club: SV Normania Treffurt
Number: 108

Course: 10.00 km
10 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 43:12

Speed: 13.89 km/h
Running performance: 4:19 min/km

Rank in course/Total: 13 (of 128)

Rank in course/Men: 13 (of 91)

Best time in course: 38:26

Rank in category: 2(of 6)

Best time in the category: 42:47