



34. Königseer Stadtwaldlauf  
Königsee / 31.08.2014

Detailed evaluation

Herrmann, Michael

Club: sc impuls erfurt

Number: 47

Course: 10.00 km

10 km - Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 43:25

Speed: 13.82 km/h

Running performance: 4:20 min/km

Rank in course/Total: 16 (of 128)

Rank in course/Men: 16 (of 91)

Best time in course: 38:26

Rank in category: 1(of 10)

Best time in the category: 43:25