



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Montag, Andreas

Club: SV Normania Treffurt
Number: 138

Course: 10.00 km
10 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 45:42

Speed: 13.13 km/h
Running performance: 4:34 min/km

Rank in course/Total: 24 (of 128)

Rank in course/Men: 24 (of 91)

Best time in course: 38:26

Rank in category: 2(of 10)

Best time in the category: 43:25