



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Ziegenbein, Frank

Club: Oberritzer Ziegenböcke
Number: 127

Course: 10.00 km
10 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 47:33

Speed: 12.62 km/h
Running performance: 4:46 min/km

Rank in course/Total: 36 (of 128)

Rank in course/Men: 35 (of 91)

Best time in course: 38:26

Rank in category: 4(of 10)

Best time in the category: 43:25