



34. Königseer Stadtwaldlauf  
Königsee / 31.08.2014

Detailed evaluation

Sachs, Frank

Club: Dream Team Ilmenau  
Number: 148

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 48:33

Speed: 12.36 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 42 (of 128)

Rank in course/Men: 40 (of 91)

Best time in course: 38:26

Rank in category: 8(of 22)

Best time in the category: 42:47