



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Dietz, Volker

Club: Thuringia Königsee

Number: 134

Course: 10.00 km

10 km - Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 49:07

Speed: 12.22 km/h

Running performance: 4:55 min/km

Rank in course/Total: 49 (of 128)

Rank in course/Men: 46 (of 91)

Best time in course: 38:26

Rank in category: 3(of 10)

Best time in the category: 43:10