



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Pawlow, Kamen

Club: FSV 1950 Gotha e.V.

Number: 152

Course: 10.00 km

10 km - Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 49:23

Speed: 12.15 km/h

Running performance: 4:56 min/km

Rank in course/Total: 52 (of 128)

Rank in course/Men: 49 (of 91)

Best time in course: 38:26

Rank in category: 12(of 22)

Best time in the category: 42:47