



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Dunkel, Frank

Club: SV Normania Treffurt

Number: 24

Course: 10.00 km

10 km - Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 49:39

Speed: 12.08 km/h

Running performance: 4:58 min/km

Rank in course/Total: 54 (of 128)

Rank in course/Men: 51 (of 91)

Best time in course: 38:26

Rank in category: 13(of 22)

Best time in the category: 42:47