



34. Königseer Stadtwaldlauf  
Königsee / 31.08.2014

Detailed evaluation

Lattermann, Jens

Club: Königsee  
Number: 62

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 50:51

Speed: 11.80 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 60 (of 128)

Rank in course/Men: 55 (of 91)

Best time in course: 38:26

Rank in category: 6(of 11)

Best time in the category: 41:06