



34. Königseer Stadtwaldlauf  
Königsee / 31.08.2014

Detailed evaluation

Creutzburg, nancy

Club: fatfighters

Number: 19

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 50:55

Speed: 11.78 km/h

Running performance: 5:05 min/km

Rank in course/Total: 61 (of 128)

Rank in course/Women: 6 (of 37)

Best time in course: 46:39

Rank in category: 1(of 7)

Best time in the category: 50:55