



34. Königseer Stadtwaldlauf
Königsee / 31.08.2014

Detailed evaluation

Münch, Birgit

Club: sc impuls erfurt
Number: 78

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 51:04

Speed: 11.75 km/h
Running performance: 5:07 min/km

Rank in course/Total: 62 (of 128)

Rank in course/Women: 7 (of 37)

Best time in course: 46:39

Rank in category: 2(of 9)

Best time in the category: 46:39