



44. Brockenlauf
Ilsenburg / 06.09.2014

Detailed evaluation

Kommerau, Carola

Club: Ilsenburg
Number: 956

Course: 9.60 km
9,6 km - Wanderung

Category:
Frauen

Total time: 1:10:22

Speed: 7.67 km/h
Running performance: 7:20 min/km

Rank in course/Total: 1 (of 18)
Rank in course/Women: 1 (of 11)
Best time in course: 1:10:22

Rank in category: 1(of 11)
Best time in the category: 1:10:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	36:41	8:56	1	-	1	-	4.10	36:41	8:56	1	-	1	-
Loddenke	2.20	12:49	5:49	1	-	1	-	6.30	49:30	7:51	1	-	1	-
Ilsenburg/Markt	3.30	20:52	6:19	1	-	1	-	9.60	1:10:22	7:19	1	-	1	-