



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Forstenbacher, Max

Club: Triathlonfreunde Wittenberg
Number: 501

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 18:03

Speed: 9.97 km/h
Running performance: 4:38 min/km

Rank in course/Total: 5 (of 18)

Rank in course/Men: 4 (of 10)

Best time in course: 14:30

Rank in category: 1(of 2)

Best time in the category: 18:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Prinzess Ilse Que	1.90	9:11	4:50	1	-	5	1:48	1.90	9:11	4:50	1	-	4	1:48
Ilseburg/Markt	2.00	8:52	4:26	1	-	4	1:45	3.90	18:03	4:37	1	-	4	3:33