



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Ebert, Andreas

Number: 681

Course: 9.60 km

9,6 km - Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 52:55

Speed: 10.20 km/h

Running performance: 5:31 min/km

Rank in course/Total: 68 (of 175)

Rank in course/Men: 57 (of 119)

Best time in course: 33:35

Rank in category: 6(of 11)

Best time in the category: 39:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	26:15	6:24	7	6:02	60	9:37	4.10	26:15	6:24	6	5:46	58		
Loddenke	2.20	10:34	4:48	6	2:27	55	3:51	6.30	36:49	5:50	6	8:13	58		
Ilseburg/Markt	3.30	16:06	4:52	6	4:49	69	5:54	9.60	52:55	5:30	6	13:02	58	19:20	