



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Albrecht, Dieter

Total time: 53:31

Club: ESV 49 Angermünde Laufgruppe -Die Lokvögel  
Number: 541

Speed: 10.09 km/h

Running performance: 5:34 min/km

Course: 9.60 km

Rank in course/Total: 73 (of 175)

9,6 km - Lauf

Rank in course/Men: 61 (of 119)

Best time in course: 33:35

Category:

Rank in category: 3(of 7)

Senioren M60 (60-64 Jahre)

Best time in the category: 47:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	26:15	6:24	3	1:49	60	9:37	4.10	26:15	6:24	3	1:49	58		
Loddenke	2.20	11:31	5:14	3	2:22	77	4:48	6.30	37:46	5:59	3	4:11	62		
Ilseburg/Markt	3.30	15:45	4:46	3	1:51	59	5:33	9.60	53:31	5:34	3	6:02	62	19:56	