



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Weber, H P

Club: SG Hillerse
Number: 530

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 54:08

Speed: 9.98 km/h
Running performance: 5:38 min/km

Rank in course/Total: 77 (of 175)

Rank in course/Men: 63 (of 119)

Best time in course: 33:35

Rank in category: 3(of 8)

Best time in the category: 50:08

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 26:46 | 6:31 | 3 | 1:53 | 68 | 10:08 | 4.10 | 26:46 | 6:31 | 3 | 1:53 | 64 | |
| Loddenke | 2.20 | 10:59 | 4:59 | 4 | 0:43 | 67 | 4:16 | 6.30 | 37:45 | 5:59 | 3 | 2:36 | 64 | |
| Ilseburg/Markt | 3.30 | 16:23 | 4:57 | 4 | 1:24 | 74 | 6:11 | 9.60 | 54:08 | 5:38 | 3 | 4:00 | 64 | 20:33 |