



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Weber, H P

Club: SG Hillerse
Number: 530

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 54:08

Speed: 9.98 km/h
Running performance: 5:38 min/km

Rank in course/Total: 77 (of 175)

Rank in course/Men: 63 (of 119)

Best time in course: 33:35

Rank in category: 3(of 8)

Best time in the category: 50:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:46	6:31	3	1:53	68	10:08	4.10	26:46	6:31	3	1:53	64	
Loddenke	2.20	10:59	4:59	4	0:43	67	4:16	6.30	37:45	5:59	3	2:36	64	
Ilseburg/Markt	3.30	16:23	4:57	4	1:24	74	6:11	9.60	54:08	5:38	3	4:00	64	20:33