



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Göbel, Uwe

Number: 686

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 54:52

Speed: 9.84 km/h
Running performance: 5:43 min/km

Rank in course/Total: 83 (of 175)

Rank in course/Men: 68 (of 119)

Best time in course: 33:35

Rank in category: 8(of 15)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:03	6:35	9	6:39	73	10:25	4.10	27:03	6:35	8	6:39	69	
Loddenke	2.20	11:14	5:06	9	2:37	73	4:31	6.30	38:17	6:04	8	9:14	69	
Ilseburg/Markt	3.30	16:35	5:01	9	4:06	79	6:23	9.60	54:52	5:42	9	13:20	69	21:17