



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Scholz, Norman

Club: Volkach
Number: 550

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 55:27

Speed: 10.39 km/h
Running performance: 5:47 min/km

Rank in course/Total: 84 (of 175)

Rank in course/Men: 69 (of 119)

Best time in course: 33:35

Rank in category: 7(of 11)

Best time in the category: 39:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:18	6:39	9	7:05	76	10:40	4.10	27:18	6:39	7	6:49	70	
Loddenke	2.20	12:01	5:27	7	3:54	90	5:18	6.30	39:19	6:14	7	10:43	70	
Ilseburg/Markt	3.30	16:08	4:53	7	4:51	70	5:56	9.60	55:27	5:46	7	15:34	70	21:52