



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Kappe, Franziska

Club: TSG Bad Harzburg
Number: 635

Course: 3.90 km
3,9 km - Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 18:18

Speed: 12.79 km/h
Running performance: 4:41 min/km

Rank in course/Total: 7 (of 18)

Rank in course/Women: 2 (of 8)

Best time in course: 17:40

Rank in category: 1(of 3)

Best time in the category: 18:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	9:24	4:56	1	-	2	0:13	1.90	9:24	4:56	1	-	2	0:13
Ilseburg/Markt	2.00	8:54	4:27	1	-	2	0:25	3.90	18:18	4:41	1	-	2	0:38