



44. Brockenlauf  
 Ilsenburg / 06.09.2014

Detailed evaluation

Richter-Wisniewski, Melanie

Club: Rotenburg an der Fulda  
 Number: 596

Course: 9.60 km  
 9,6 km - Lauf

Category:  
 Seniorinnen W30 (30-34 Jahre)

Total time: 55:51

Speed: 9.67 km/h  
 Running performance: 5:49 min/km

Rank in course/Total: 86 (of 175)

Rank in course/Women: 15 (of 56)

Best time in course: 40:35

Rank in category: 2(of 5)

Best time in the category: 40:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	27:36	6:43	2	7:43	15	7:43	4.10	27:36	6:43	2	7:43	29
Loddenke	2.20	11:52	5:23	2	3:44	23	3:44	6.30	39:28	6:15	2	11:27	29
Ilsenburg/Markt	3.30	16:23	4:57	2	3:49	15	3:49	9.60	55:51	5:49	2	15:16	15 15:16