



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Mota, Kathrin

Total time: 56:19

Number: 676

Speed: 10.23 km/h

Running performance: 5:52 min/km

Course: 9.60 km

Rank in course/Total: 89 (of 175)

9,6 km - Lauf

Rank in course/Women: 16 (of 56)

Best time in course: 40:35

Category:

Rank in category: 5(of 16)

Seniorinnen W45 (45-49 Jahre)

Best time in the category: 44:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	28:10	6:52	5	5:59	16	8:17	4.10	28:10	6:52	5	5:59	44
Loddenke	2.20	11:22	5:09	5	2:48	15	3:14	6.30	39:32	6:16	5	8:47	44
Ilseburg/Markt	3.30	16:47	5:05	5	3:09	18	4:13	9.60	56:19	5:51	5	11:56	16 15:44