



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Lebuser, Matthias

Club: Frankfurt(Oder)
Number: 571

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 56:39

Speed: 10.17 km/h
Running performance: 5:54 min/km

Rank in course/Total: 94 (of 175)

Rank in course/Men: 76 (of 119)

Best time in course: 33:35

Rank in category: 8(of 10)

Best time in the category: 41:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:52	6:47	9	7:23	80	11:14	4.10	27:52	6:47	8	7:23	78	
Loddenke	2.20	12:24	5:38	8	4:28	99	5:41	6.30	40:16	6:23	8	11:51	78	0:40
Ilseburg/Markt	3.30	16:23	4:57	8	3:45	74	6:11	9.60	56:39	5:54	8	15:36	77	23:04