



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Franke, Katrin

Club: Brockenlaufverein Ilseburg  
Number: 511

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 56:50

Speed: 10.13 km/h  
Running performance: 5:55 min/km

Rank in course/Total: 95 (of 175)

Rank in course/Women: 17 (of 56)

Best time in course: 40:35

Rank in category: 6(of 16)

Best time in the category: 44:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	28:54	7:02	8	6:43	23	9:01	4.10	28:54	7:02	6	6:43	45
Loddenke	2.20	10:55	4:57	4	2:21	13	2:47	6.30	39:49	6:19	6	9:04	45
Ilseburg/Markt	3.30	17:01	5:09	7	3:23	21	4:27	9.60	56:50	5:55	6	12:27	17 16:15