



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Bräunel, Marcel

Number: 705

Course: 9.60 km

9,6 km - Lauf

Category:

Männer (20-29 Jahre)

Total time: 57:05

Speed: 9.46 km/h

Running performance: 5:57 min/km

Rank in course/Total: 97 (of 175)

Rank in course/Men: 78 (of 119)

Best time in course: 33:35

Rank in category: 15(of 20)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	29:35	7:12	20	12:57	98	12:57	4.10	29:35	7:12	7	4:42	79	1:11
Loddenke	2.20	11:22	5:09	17	4:39	74	4:39	6.30	40:57	6:30	7	6:30	79	1:21
Ilseburg/Markt	3.30	16:08	4:53	15	5:56	70	5:56	9.60	57:05	5:56	15	23:30	80	23:30