



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Urbach, Katrin

Club: SG Holzheim
Number: 567

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 57:10

Speed: 9.45 km/h
Running performance: 5:57 min/km

Rank in course/Total: 99 (of 175)

Rank in course/Women: 18 (of 56)

Best time in course: 40:35

Rank in category: 1(of 7)

Best time in the category: 57:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	28:53	7:02	1	-	21	9:00	4.10	28:53	7:02	1	-	10
Loddenke	2.20	11:35	5:15	1	-	19	3:27	6.30	40:28	6:25	1	-	46
Ilseburg/Markt	3.30	16:42	5:03	1	-	16	4:08	9.60	57:10	5:57	1	-	18 16:35