



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Keck, Birgit

Club: fun runners  
Number: 569

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 57:39

Speed: 9.37 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 111 (of 175)

Rank in course/Women: 20 (of 56)

Best time in course: 40:35

Rank in category: 3(of 6)

Best time in the category: 51:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	28:12	6:52	3	1:55	17	8:19	4.10	28:12	6:52	3	1:40	48
Loddenke	2.20	12:43	5:46	4	2:22	35	4:35	6.30	40:55	6:29	3	4:02	48
Ilseburg/Markt	3.30	16:44	5:04	2	1:40	17	4:10	9.60	57:39	6:00	3	5:42	20 17:04