



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Kresin, Mandy

Club: Magdeburg  
Number: 565

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 58:44

Speed: 9.19 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 120 (of 175)

Rank in course/Women: 23 (of 56)

Best time in course: 40:35

Rank in category: 4(of 6)

Best time in the category: 46:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	30:00	7:19	5	6:52	35	10:07	4.10	30:00	7:19	4	6:52	52
Loddenke	2.20	11:30	5:13	3	2:06	17	3:22	6.30	41:30	6:35	4	8:58	52
Ilseburg/Markt	3.30	17:14	5:13	4	3:24	28	4:40	9.60	58:44	6:07	4	12:12	24 18:09