



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Hünnebeck, Norbert

Club: Hannover
Number: 591

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 58:54

Speed: 9.17 km/h
Running performance: 6:08 min/km

Rank in course/Total: 121 (of 175)

Rank in course/Men: 94 (of 119)

Best time in course: 33:35

Rank in category: 11(of 15)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:51	7:02	12	8:27	91	12:13	4.10	28:51	7:02	11	8:27	94	0:27
Loddenke	2.20	11:34	5:15	10	2:57	79	4:51	6.30	40:25	6:24	11	11:22	94	0:49
Ilseburg/Markt	3.30	18:29	5:36	13	6:00	105	8:17	9.60	58:54	6:08	12	17:22	97	25:19