



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Engelmann, Dieter

Club: GMRL
Number: 594

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 59:21

Speed: 9.10 km/h
Running performance: 6:11 min/km

Rank in course/Total: 127 (of 175)

Rank in course/Men: 97 (of 119)

Best time in course: 33:35

Rank in category: 1(of 3)

Best time in the category: 59:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:36	7:27	1	-	112	13:58	4.10	30:36	7:27	1	-	96	2:12
Loddenke	2.20	11:38	5:17	1	-	81	4:55	6.30	42:14	6:42	1	-	96	2:38
Ilseburg/Markt	3.30	17:07	5:11	1	-	84	6:55	9.60	59:21	6:10	1	-	100	25:46