



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Goedecke, Christel

Club: Brockenlaufverein Ilseburg
Number: 634

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 59:44

Speed: 9.04 km/h
Running performance: 6:13 min/km

Rank in course/Total: 133 (of 175)

Rank in course/Women: 31 (of 56)

Best time in course: 40:35

Rank in category: 2(of 5)

Best time in the category: 53:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	29:46	7:15	3	2:42	31	9:53	4.10	29:46	7:15	3	2:42	2	
Loddenke	2.20	12:07	5:30	3	1:23	29	3:59	6.30	41:53	6:38	3	4:05	4	
Ilseburg/Markt	3.30	17:51	5:24	4	1:58	39	5:17	9.60	59:44	6:13	3	6:03	32	19:09