



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Breithaupt, Christel

Club: Bad Segeberg
Number: 504

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 59:51

Speed: 9.02 km/h
Running performance: 6:14 min/km

Rank in course/Total: 135 (of 175)

Rank in course/Women: 33 (of 56)

Best time in course: 40:35

Rank in category: 3(of 5)

Best time in the category: 53:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	29:46	7:15	3	2:42	31	9:53	4.10	29:46	7:15	3	2:42	2
Loddenke	2.20	12:45	5:47	4	2:01	36	4:37	6.30	42:31	6:44	4	4:43	5
Ilseburg/Markt	3.30	17:20	5:15	2	1:27	30	4:46	9.60	59:51	6:14	4	6:10	34 19:16