



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Aust, Ronja

Number: 695

Course: 9.60 km

9,6 km - Lauf

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 59:59

Speed: 9.00 km/h

Running performance: 6:15 min/km

Rank in course/Total: 138 (of 175)

Rank in course/Women: 34 (of 56)

Best time in course: 40:35

Rank in category: 1(of 1)

Best time in the category: 59:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Ilsestein	4.10	29:37	7:13	1	-	29	9:44	4.10	29:37	7:13	1	-	7		
Loddenke	2.20	13:16	6:01	1	-	42	5:08	6.30	42:53	6:48	1	-	7		
Ilseburg/Markt	3.30	17:06	5:10	1	-	23	4:32	9.60	59:59	6:14	1	-	35	19:24	