



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Aust, Ronja

Number: 695

Course: 9.60 km

9,6 km - Lauf

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 59:59

Speed: 9.00 km/h

Running performance: 6:15 min/km

Rank in course/Total: 138 (of 175)

Rank in course/Women: 34 (of 56)

Best time in course: 40:35

Rank in category: 1(of 1)

Best time in the category: 59:59

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women |
| Ilsestein | 4.10 | 29:37 | 7:13 | 1 | - | 29 | 9:44 | 4.10 | 29:37 | 7:13 | 1 | - | 7 |
| Loddenke | 2.20 | 13:16 | 6:01 | 1 | - | 42 | 5:08 | 6.30 | 42:53 | 6:48 | 1 | - | 7 |
| Ilseburg/Markt | 3.30 | 17:06 | 5:10 | 1 | - | 23 | 4:32 | 9.60 | 59:59 | 6:14 | 1 | - | 35 19:24 |